## CURRICULUM VITAE



**Dr. Susan Simpson**

1. Consultant Clinical Psychologist

NHS Lothian (Scotland)

1. Director: Schema Therapy Scotland
2. Adjunct Senior Lecturer, University of South Australia

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**Citizenship:** UK & Australia

**https://www.researchgate.net/profile/Susan\_Simpson/publications**

**Academic Qualifications**

1. **Doctorate in Clinical Psychology (D. Clin. Psychol.)**. University of Newcastle Upon Tyne, UK.

*1992-3* **Master’s Degree (Clinical Psychology)**, Flinders University, Australia.

*1989* **Honours Degree (Psychology)**, **Grade 2:1** Flinders University, Australia.

*1985-88* **Bachelor of Arts**: University of Adelaide, Australia.

**Registration (Current)**

**HCPC registered: PYL21065**

**British Psychological Society (AFBPsS): 075159**

**International Society of Schema Therapy (ISST):AU000098**

**Current Appointments**

* **Schema Therapy Scotland: Director, Advanced Accredited Trainer and Supervisor**

I am a Clinical Psychologist and Accredited Schema Therapy trainer with over 20 years of experience using schema therapy with complex cases and eating disorders. I regularly run Schema Therapy workshops in the UK and Australia that form part of an internationally accredited Schema Therapy Certification programme. I have specialised in Schema Therapy for over 20 years and have published research on group and individual Schema Therapy. I am part of an international research group which is currently carrying out preliminary investigations into the effectiveness of group Schema Therapy for eating disorders.

* **Professional Lead for Applied Psychology Service, South-east Scotland Regional Eating Disorders Unit, NHS Lothian, St John’s Hospital, Scotland. (0.6 FTE)**

I lead the provision of a specialist psychology service in a regional inpatient eating disorders unit, which includes the supervision of those providing psychological therapy in the Unit. I have a caseload of complex clients and am coordinator of the unit’s group treatment programme. I manage the regional clinical network for eating disorders, which coordinates training and research in the south-east of Scotland. In addition, I act as a psychological resource to clinical colleagues through supervision, consultancy and training.

**Publications**

**Refereed Book Chapters focused on Eating Disorders (2012-2020):**

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| 2020 Simpson, S. & Arntz, A. Core Principles of Imagery. In G. Heath & H Startup (Eds.). *Creative Methods In Schema Therapy*. Routledge. |
| 2019 Simpson, S. & Smith, E. (Editors, authors). Schema Therapy for Eating Disorders Chapters:  -Chapter 1 - Introduction to Schema Therapy for Eating Disorders  -Chapter 2 - [Review of the schema model and therapeutic application in eating disordered populations](https://www.researchgate.net/publication/335245745_Review_of_the_schema_model_and_therapeutic_application_in_eating_disordered_populations?_sg=hruoQ7Sb70FVwPz3tFXHRm6mApyaTAKuNAHkQOfGUHW4E08vtyJ9TDaJLmMXp1FOsyd3iXQU0x5U3C61MgXiEG7GV8opHKRuN_FkcvGW.7X_Zt24wyGqFx23jJ6GOO9jPq6nlbExNvMcPI6PvjWZt2K-BUqgFCvaMtdELScPgGNSBZkWWeFL7EvJmuuxyeQ)  -Chapter 4 - Schema Therapy Assessment of Eating Disorders  -Chapter 5 - [Schema therapy conceptualisation of eating disorders](https://www.researchgate.net/publication/335255744_Schema_therapy_conceptualisation_of_eating_disorders?_sg=hruoQ7Sb70FVwPz3tFXHRm6mApyaTAKuNAHkQOfGUHW4E08vtyJ9TDaJLmMXp1FOsyd3iXQU0x5U3C61MgXiEG7GV8opHKRuN_FkcvGW.7X_Zt24wyGqFx23jJ6GOO9jPq6nlbExNvMcPI6PvjWZt2K-BUqgFCvaMtdELScPgGNSBZkWWeFL7EvJmuuxyeQ)  -Chapter 7 - [Experiential mode work with eating disorders](https://www.researchgate.net/publication/335255688_Experiential_mode_work_with_eating_disorders?_sg=hruoQ7Sb70FVwPz3tFXHRm6mApyaTAKuNAHkQOfGUHW4E08vtyJ9TDaJLmMXp1FOsyd3iXQU0x5U3C61MgXiEG7GV8opHKRuN_FkcvGW.7X_Zt24wyGqFx23jJ6GOO9jPq6nlbExNvMcPI6PvjWZt2K-BUqgFCvaMtdELScPgGNSBZkWWeFL7EvJmuuxyeQ)  -Chapter 9 - Behavioural Pattern Breaking in Schema Therapy for Eating Disorders  -Chapter 10 - Manual of Group Schema Therapy for Eating Disorders  -Chapter 17 – Schema Therapy for Eating Disorders: Future  Directions |
| 2017 Castelnuovo, Pietrabissa….Simpson. [A stepped care mhealth-based approach for promoting patient engagement in chronic care management of obesity with type 2 diabetes](https://www.researchgate.net/publication/323251272_A_stepped_care_mhealth-based_approach_for_promoting_patient_engagement_in_chronic_care_management_of_obesity_with_type_2_diabetes?_sg=7Eh5kAW98DhAqlBN29nCyfpexWEQpu_f11Y72uBXN5o9znUOrijefe6aPf8mLv_ejU2Yqy_Iz81axk4Psj9Fi6H0UQtWtQg3B-SY3vqL.h-6MrQr6Xt2GU9X7pu_wSskBenT5ipvyBkl4J-liOG-J_nzUF-syLOquWeqBhxTW9tShWJgGOHQPhVT9uqejFw). In: [Health Care Delivery and Clinical Science: Concepts, Methodologies, Tools, and Applications](https://www.igi-global.com/book/health-care-delivery-clinical-science/181911) DOI: 10.4018/978-1-5225-3926-1.ch063 |
| 2016 Simpson, S., Richardson, L. & Reid, C. Therapeutic Alliance in Videoconferencing Based Psychotherapy. In Goss, S., Anthony, K., Nagel, D. & Sykes-Stretch, L. Technology in Mental Health: Applications for practice, supervision and training. Pp. 99-116. Illinois, USA: Charles C. Thomas. |
| 2016Bond, S., Simpson, S., Middleton, N. Kapitel (Chapter) 4: Eine Übersicht über die Forschungen mit dem Schematherapiemodell bei Essstörungen (An investigation of the schema therapy model in eating disordered populations). In Archonti, C., Roediger, E., de Zwaan, M. Schematherapie bei Essstörungen. pp. 59-66. Weinheim, Germany: Beltz. |
| 2016 Simpson, S. Kapitel (chapter) 7: Erlebnisaktiverende Modusarbeit in der Behandlung von Essstörungen (Experiential Techniques in the treatment of Eating Disorders). In Archonti, C., Roediger, E., de Zwaan, M. Schematherapie bei Essstörungen. Pp. 138-160. Weinheim, Germany: Beltz. |
| 2016 Simpson, S. Kapitel (chapter) 5: Schemamodi bei Essstörungen (A Conceptualisation of Schema Modes in the Eating Disorders). In Archonti, C., Roediger, E., de Zwaan, M. Schematherapie bei Essstörungen. Pp. 70-82. Weinheim, Germany: Beltz. |
| 2016Simpson, S., Richardson, L. & Reid, C. Therapeutic alliance in videoconferencing based psychotherapy in S. Goss, K. Anthony, L.A. Stretch & D. Nagel 'The Use of Technology in Mental Health: Applications, Ethics and Practice'. 2nd ed. CC Thomas. |
| 2016Castelnuovo, G., Pietrabissa, G., Manzoni, G.M., Corti, S., Novelli, M., Borrello, M., Giusti, E.M., Borgia, F., Molinari, E., Middleton, N., Cattivelli, R., Simpson, S. A stepped care mHealth-based approach for promoting patient engagement in chronic care management of obesity with type 2 diabetes. In G. Graffigna (Ed). Promoting Patient Engagement and Participation for Effective Healthcare Reform. IGI Global. |
| *2012* Simpson, S. Schema Therapy for Eating Disorders: a case study illustration of the Mode Approach. In van Vreeswijk, M., Broersen, J. & Nadort, M. (Eds.) The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research and Practice. Oxford, UK: Wiley-Blackwell. Pp145-171. |

**Scientific Papers focused on Eating Disorders (2009-2020):**

List of publications including those prior to 2012 available at: <https://www.researchgate.net/profile/Susan_Simpson>

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| 2020 Pietrabissa & Simpson. Psychological Consequences of Social Isolation during COVID19 Outbreak. *Frontiers in Psychology, 11,* DOI: [10.3389/fpsyg.2020.02201](https://www.researchgate.net/deref/http%3A%2F%2Fdx.doi.org%2F10.3389%2Ffpsyg.2020.02201?_sg%5B0%5D=lDMELs3BqabxHzsIKk5dKMo1rgaDm_rLjjbtu-iCF_K8GMk5txp9BqcFt4y3RJ3qzp5zx4z3vNzTgAxqLC_Oti8dXg.zbfTXzw5puFNUQoJwx6s4xg11i-aUGOdFNcpfxciNtjg76UkfjZ-1OyzSwAfSRNm3Bhm6RVP2WYxGSDl7InYZg) |
| 2020 Simpson, Richardson, Pietrabissa, Castelnuovo, Reid. [Videotherapy and therapeutic alliance in the age of COVID-19](https://www.researchgate.net/publication/344863145_Videotherapy_and_therapeutic_alliance_in_the_age_of_COVID-19). *Clinical Psychology & Psychotherapy.* DOI: [10.1002/cpp.2521](https://www.researchgate.net/deref/http%3A%2F%2Fdx.doi.org%2F10.1002%2Fcpp.2521?_sg%5B0%5D=ODIXab7bx4ErD4ocbu3-Nhi0HLSpkC1khdT1sqr5rENFFEjzgiEZ08edqPLifLM3af8hNBNTdXjkhraxWEOn9ZHw2g.HY1N0YoTzwoaE9ru5PtU8ydlCLsnz_qgZio1clcAVe-rrsi0jvIc2DN61LGljYoJBq2vg7zEuBlasjXffo71cA) |
| 1. Pietrabissa et al. Evaluation of the reliability and validity of the Italian version of the schema mode inventory for eating disorders: short form for adult with dysfunctional eating behavior. *Eating & Weight Disorders*, *25*(6), DOI: [10.1007/s40519-019-00644-5](https://link.springer.com/article/10.1007/s40519-019-00644-5) |
| 2020 Powell-Jones & Simpson. Drunkorexia: An investigation of  symptomatology and early maladaptive schemas within a female,  young adult Australian population. *Australian Psychologist.*  <https://doi.org/10.1111/ap.12462> |
| 2019 Simionato, Reid, Simpson. Burnout as an Ethical Issue in Psychotherapy. Psychotherapy Theory, Research, & Practice, 56(4). DOI: [10.1037/pst0000261](https://www.researchgate.net/deref/http%3A%2F%2Fdx.doi.org%2F10.1037%2Fpst0000261?_sg%5B0%5D=ysvPnjfOZxTy_1o8iczYkwoNWvhrt9bnHmPwEESg9yud4hngLpwWandhbVvmja9EiJnACuNGVf3QLrN7UtKpRTbQOA.reP9wc4BMaES090LRbQb_KLQq4yL_hVuGtJR7myNLng2U89zrHwqAq7r4Xs4wyLbweKlftmfk9uBxZTj447mig) |
| 2018 Simpson et al. Factorial Structure and Preliminary Validation of the Schema Mode Inventory for Eating Disorders (SMI-ED). *Front. Psychol*. doi: 10.3389/fpsyg.2018.00600 |
| 2017 Calvert, Smith, Brockman, Simpson. Group schema therapy for eating disorders: Study protocol. *Journal of Eating Disorders* 6(1):1. DOI: 10.1186/s40337-017-0185-8 |
| 2017 Cruzat-Mandich, Díaz-Castrillón, Pérez-Villalobos, Lizana, Moore, Simpson & Oda-Montecinos. Factor structure and reliability of the Multidimensional Body–Self Relations Questionnaire in Chilean youth. *Eating and Weight Disorders.* 1-12. doi: 10.1007/s40519-017-0411-z. |
| 2017 Sorgente, Pietrabissa. Manzonie, Re, Simpson et al. Web-Based Interventions for Weight Loss or Weight Loss Maintenance in Overweight and Obese People: A Systematic Review of Systematic Reviews. *Journal of Medical Internet Research*, 19(6): e229. DOI: 10.2196/jmir.6972 |
| 2017 Graves TA, Tabri N, Thompson-Brenner H., Franko DL, Eddy KT, Bourion-Bedes S, Brown A, Constantino MJ, Fl€uckiger C, Forsberg S, Isserlin L, Couturier J, Paulson Karlsson G, Mander J, Teufel M, Mitchell JE, Crosby RD, Prestano C, Satir DA, Simpson S, Sly R, Lacey JH, Stiles-Shields C, Tasca GA, Waller G, Zaitsoff SL, Rienecke R, Le Grange D, Thomas JJ. A meta-analysis of the relation between therapeutic alliance and treatment outcome in eating disorders. *Int J Eat Disord*. doi:10.1002/eat.22672. |
| 2016 Brown, J., Selth, S., Stretton, A., Simpson, S. [Do dysfunctional coping modes mediate the relationship between perceived parenting style and disordered eating behaviours?](https://www.researchgate.net/publication/309619023_Do_dysfunctional_coping_modes_mediate_the_relationship_between_perceived_parenting_style_and_disordered_eating_behaviours?ev=prf_pub)Journal of Eating Disorders 4(27):1-10. DOI: 10.1186/s40337-016-0123-1 |
| 2016 Knight, A., Castelnuovo, G., Pietrabissa,G., Manzoni, G., Simpson, S. Drunkorexia: An empirical investigation among Australian female university students. *Australian Psychologist.* DOI: 10.1111/ap.12212 |
| 2016Hodge, L. & Simpson, S. Speaking the Unspeakable: Artistic Expression in Eating Disorder Research and Schema Therapy. *The Arts in Psychotherapy.* P. 1-30. [doi:10.1016/j.aip.2016.05.005](http://dx.doi.org.access.library.unisa.edu.au/10.1016/j.aip.2016.05.005) |
| 2016 Pietrabissa et al. Stages of change in Obesity and Weight Management: Factorial Structure of the Italian Version of the University of Rhode Island Change Assessment Scale. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity.* DOI: 10.1007/s40519-016-0289-1 |
| *2015* Castelnuovo, G., Manzoni, G. , Pietrabissa, G. , Corti, S. , Giusti, E. , Cattivelli, R. , Molinari, E. , Simpson, S. The M Health Paradigm for the Chronic Care Management of Obesity: New Opportunities in Clinical Psychology and Medicine. *World Academy of Science, Engineering and Technology, International Science Index, Medical and Health Sciences*, 1(5), 582. |
| *2015* Talbot, D., Smith, E., Tomkins, A., Brockman, R., Simpson, S. Schema modes in eating disorders compared to a community sample. *Journal of Eating Disorders.* 3: 41. DOI:10.1186/s40337-015-0082-y |
| *2015* Cruzat-Mandich, C., [Díaz‐Castrillón](https://www.researchgate.net/researcher/2048974787_Fernanda_Diaz-Castrillon), F., [Escobar‐Koch](https://www.researchgate.net/researcher/2072529762_Tatiana_Escobar-Koch), T. & Simpson, S. From eating identity to authentic selfhood: Identity transformation in eating disorder sufferers following psychotherapy, *Clinical Psychologist*, DOI:10.1111/cp.12067 |
| *2015* Castelnuovo, G., Pietrabissa. G., Manzoni, G.M., Corti, S., Ceccarini, M., Borrello, M., Giusti, E.M., Novelli, M., Cattivelli, R., Middleton, N., Simpson, S., Molinari, E. Chronic care management of globesity: promoting healthier lifestyles in traditional and mHealth based settings. *Frontiers in Psychology*, 6. DOI:10.3389/fpsyg.2015.01557 |
| 2014 Castelnuovo, G., Manzoni, G.M., Pietrabissa, G., Corti, S., Giusti, E.M., Molinari, E., Simpson, S. [Obesity and outpatient rehabilitation using mobile technologies: The potential mHealth approach.](https://www.researchgate.net/publication/263396094_Obesity_and_outpatient_rehabilitation_using_mobile_technologies_The_potential_mHealth_approach?ev=prf_pub)  *Frontiers in Psychology***,** 5:559. DOI:10.3389/fpsyg.2014.00559 · |
| 2014 Bradley, M. & Simpson, S. Inside the experience of recovering from Anorexia Nervosa: An interpretative phenomenological analysis of blogs. Counselling, Psychotherapy, and Health, ((1), 1-34. |
| 2013 Knight, A. & Simpson, S. Drunkorexia: an empirical investigation of disordered eating in direct response to saving calories for alcohol use amongst Australian female university students . Journal of Eating Disorders, 1(Suppl. 1):6. DOI:10.1186/2050-2974-1-S1-P6 |
| 2012 Stewart, A.D., Klein, S., Young, J., Simpson, S., Lee, A.J., Harrild, K., Crockett, P. & Benson, P. Body Image, shape, and volumetric assessments using 3D whole body laser scanning and 2D digital photography in females with a diagnosed eating disorder: Preliminary novel findings . British Journal of Psychology**,** 103(2):183-202. DOI:10.1111/j.2044-8295.2011.02063. |
| 2012 Masley, S., Gillanders, D., Simpson, S. & Taylor, M. [A Systematic Review of the Evidence Base for Schema Therapy](https://www.researchgate.net/publication/51790248_A_Systematic_Review_of_the_Evidence_Base_for_Schema_Therapy?ev=prf_pub) **.** Cognitive behaviour therapy, 41(3):185-202. DOI:10.1080/16506073.2011.614274 |
| 2011 Simpson, S. & Slowey, L. [Video Therapy for Atypical Eating Disorder and Obesity: A Case Study](https://www.researchgate.net/publication/51114304_Video_Therapy_for_Atypical_Eating_Disorder_and_Obesity_A_Case_Study?ev=prf_pub)  Clinical Practice and Epidemiology in Mental Health, 7(1):38-43. DOI:10.2174/1745017901107010038 |
| 2011 Castelnuovo, G. & Simpson, S. Ebesity – E-Health for Obesity – New Technologies for the Treatment of Obesity in Clinical Psychology and Medicine, Clinical Practice and Epidemiology in Mental Health, 7(1):5-8. DOI:10.2174/1745017901107010005 |
| 2010 Simpson, S., Morrow, E., van Vreeswijk, M. & Reid, C. Group Schema Therapy for Eating Disorders: A Pilot Study**.** Frontiers in Psychology, 1:182. DOI:10.3389/fpsyg.2010.00182 · |
| *2009* Keith, L., Gillanders, D. & Simpson, S. An exploration of the main sources of shame in an eating disordered population. *Clinical Psychology & Psychotherapy, 16***,** 317-327**.** |

**PROFESSIONAL REPORTS and CONFERENCE PRESENTATIONS & PROCEEDINGS (2006-2015 only)**

**Keynote and invited speaker addresses**

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| 2019 *Schema Therapy for Eating Disorders*. Invited 1-day workshop at the ENLIGHT ISST Schema Therapy Conference, Edinburgh, Scotland. |
| 2019 **Invited Keynote** at Dutch Schema Therapy Congress: *Self-*  *Restoration for Schema Therapists*, Utrecht, Netherlands (20/9/19). |
| 2018 *Working with the Overcontroller and other Eating Disorder Modes. (workshop[)* International Society for Schema Therapy, Amsterdam, May 2018 |
| 2016 *Short-term Group Schema Therapy for Mixed Personality Disorders: A Pilot Study.* Skewes, Samson, Simpson, van Vreeswijk. International Society for Schema Therapy (ISST) Vienna Conference. (06/16) |
| 2016 **Invited Plenary Presentation:** ‘*Schema Therapy for Eating Disorders’* **and** Symposium presentation: *‘Group Schema Mode Therapy for Eating Disorders (STE-g)’*, Simpson, Brockman, Smith*.*  8th World Congress of Behavioural and Cognitive Therapies, Melbourne, Australia. *(06/16)* |
| 2016 *Building Therapeutic Relationships via videoconferencing.* Workshop with Dr. J. Ferguson. Telehealth & Telecare Conference, Queen Margaret University, Musselburgh, Scotland. (05/16) |
| 2016 *Speaking the Unspeakable: Artistic Expression in Eating Disorder Research and Schema Therap*y. Hodge, L. & Simpson, S. Australian & NZ Eating Disorders and Obesity Conference. Gold Coast. 05/16 |
| 2016 *Schema Therapy for Eating Disorders* Webinar for PEWBIG (Australian Psychological Society: Psychology of Eating, Weight and Body Image Special Interest Group). Australia-wide webinar for clinicians and researchers working in eating disorders (06/16) |
| *2016* Complex Relational Trauma and Childhood Sexual Abuse: current treatment approaches.Seminar presented with Dr Julian Toh (Consultant Psychiatrist). *SA Psychiatry Trainee Lecture Program*, Glenside Hospital, Adelaide, SA. (05/16) |
| *2015 Schema Therapy for Eating Disorders – Master Class.*Simpson, S. Eating Disorder Program, Child and Adolescent Mental Health Service, (CAMHS) Child and Adolescent Health Service, Princess Margaret Hospital. 2 –day workshop. (11/15) |
| *2015 Schema Therapy for Eating Disorders – Master Class.*University of Western Sydney, Sydney, NSW. Simpson, S., Brockman, R., Smith, E. 2 –day workshop. (09/15) |
| *2015* *Schema Therapy Workshop Retreat****:*** “My Schemas and  Me- How to Increase Self Awareness, Resilience and Improve Therapeutic Outcomes.” The Mansion Resort hotel, Ubud, Bali. (06/15). |
| *2015* Complex Relational Trauma and Childhood Sexual Abuse: current treatment approaches.Seminar presented with Dr Julian Toh (Consultant Psychiatrist). *SA Psychiatry Trainee Lecture Program*, Glenside Hospital, Adelaide, SA. (05/15) |
| *2015* Schema Therapyfor Borderline Personality Disorder. *‘RANZCP Advanced Certificate Lecture Series in Psychotherapies’ for Senior Psychiatry trainees and psychiatrists.* [Royal Australian and New Zealand College of Psychiatrists](https://www.ranzcp.org/), Glenside Hospital, Adelaide, SA. (04/15) |
| *2015* Working with Schemas and Core Beliefs in Complex Eating Disorder Management: 1-day workshop. *Australia and New Zealand Academy for Eating Disorders Inc. (ANZAED) Autumn Workshop Series Barossa Valley 2015 Vintage: “Eating Disorders Across the Lifespan”.* (03/15). Barossa Valley, SA. |
| *2015* ***Conference Chair: Susan Simpson: ‘Tele-mental health research and practice’:***    Paper: Simpson, S. & Richardson, L. The future of telemental health and psychology in Australia: Restoring the Psychologically ‘clever country’?*Tele-mental health research and practice conference.* University of South Australia, Adelaide, (02/15). |
| *2014* Simpson, S.Schema Therapy for Cluster C Personality Disorders*. Australian Psychological Society Clinical College (APS CCLIN). 4-hour seminar*. Education Development Centre, Adelaide, SA. (09/14). |
| *2014* Simpson, S. Smith, E., Selth, S., Brockman, R., Tomkins, A. An exploration of Schema Modes in Clinical and Sub-Clinical Eating Disorders. *International Society for Schema Therapy International Conference*, Istanbul; (06/2014) |
| *2014* Schmaal, T. & Simpson, S. Child and Family Symposium 2. Developing an Innovative Treatment Plan for a Child with Selective Mutism: a Process-Oriented Case Study***.*** *International Society for Schema Therapy International Conference*, Istanbul; (06/2014) |
| *2014* Simpson, S., Reid, C., van Vreeswijk, M., Hayes, C. & Stefanovic, S.  The role of Resilience, Schemas and Coping Modes in mediating burnout amongst Clinical and Counselling Psychologists*. International Society for Schema Therapy International Conference,* Istanbul; (06/20140. |
| *2014* Simpson, S. **Keynote presentation:** Joining up the dots – what the digitial world and cyberspace have to offer the therapeutic relationship. An exploration of how cyberspace is changing access to psychological help*. Psychotherapy 2.0: Where Psychotherapy and technology meet.* Chadwick Court, London, SE1 8DJ. UK Council for Psychotherapy. (06/14) |
| *2014* Simpson, S. & Reynolds, J. e-psychology workshop: online and web-based therapies in practice.*Australian National University & eMHPrac (e-mental health in practice*). Held at University of SA, Adelaide, SA. (02/14) |
| *2014* ***Conference Chair: Susan Simpson: ‘Tele-mental health research and practice in Videoconferencing for Psychology and Psychiatry Conference’***    Paper: Richardson, L. & Simpson, S**.** Telepsychology: a summary and overview. *Tele-mental health research and practice in Videoconferencing for Psychology and Psychiatry Conference’*  University of South Australia, Adelaide, (02/14).  Paper: Simpson, S., Guerrini, L. Telepsychology in a University Clinic setting: a qualitative analysis of patient perspectives. *Tele-mental health research and practice in Videoconferencing for Psychology and Psychiatry Conference’* University of South Australia, Adelaide, (02/14). |
| 2013 Knight, A., Simpson, S. Australian & New Zealand Academy for Eating Disorders (ANZAED) 11th Annual Conference. Drunkorexia: An Empirical Investigation of disordered eating in direct response to saving calories for alcohol use amongst Australian female university students. |
| *2013* Simpson, S. Experiential Change and search for the authentic self in schema therapy for eating disorders. (Paper) *Society for Psychotherapy Research 44th International Conference,* Brisbane, Australia. |
| *2013* Simpson, S. Schema Therapy: The evidence, model and techniques  *Tenth biennial National Congress of Psychology Private Australia Incorporated (PPAI),* hosted by the Institute of Private Practising Psychologists SA (IPPP). (02/13) |
| *2013* Simpson, S. Schema Therapy for Complex, Chronic Disorders & Personality Disorders: Full Day Workshop. *Australian Association for Cognitive and Behaviour Therapy. 36th National Conference*. ‘Innovations in Australasian Mental Health Care’. Adelaide. (10/13) |
| *2012* Simpson, S. ‘Clinical Outcome and Patient Experiences of Telepsychology in Scotland/ UniSA Telepsychology Project’  Statewide Rehabilitation Clinical Network. TeleRehabilitation Forum. Adelaide Oval Function Centre (02/12) |
| *2012* Simpson, S. ‘Schema Therapy for complex presentations and personality disorders’*: Invited Seminar***.** *Flinders University Health, Counselling and Disability Services,* South Australia. (03/12) |
| *2012* Schema therapy for Children and Families: Master Class  *1-day Training Workshop for Child & Adolescent Mental Health Services,* University of SA, Adelaide, SA (03/12). |
| *2012* Simpson, S. Group Schema Therapy for Eating Disorders: A pilot evaluation**.** *International Society for Schema Therapy Conference, New York.(05/12).* |
| *2012* Simpson, S*.* Schema Therapy for Personality Disorders: The Priniciples and Evidence. (3 hour invited seminar). *Psychiatry Grand Round. Flinders University*, Adelaide, SA. (12/12) |
| *2012* Simpson, S. Schema Therapy for people with Learning Disabilities (Invited 2 hour seminar).*ASSIST Central, Disability Services, Adelaide. (12/12)* |
| *2012* Simpson, S. ‘Group Schema Therapy Treatment for Eating Disorders’  *5th International Society for Schema Therapy Conference:*  *Research and Practice in Schema Therapy: Attachment, Reparenting, and the Therapy Relationship. (*05/12) |
| *2012* Simpson, S. Video Therapy – Improving Access to Real Psychologists in Real-time.*‘ePsychology Conference Workshop’, Australian Psychological Society. Linking in to Mental Health: Using Electronic Communications in Psychological Practice*. Institute of Health and Biomedical Innovation at Queensland University of Technology, Brisbane. (08/12) |
| *2012* Simpson, S. Introduction to Schema Therapy for Complex Eating Disorders (60 min Invited Webinar).*Dietitians Association of Australia: Eating Disorder Special Interest Group Lecture Series*, Australia. (10/12) |
| *2011* Simpson, S. ‘Client Focused Rural Psychology Services: using technology to provide responsive therapy and supervision’ ‘Technologies for delivering psychological services’  *2011 SA Rural and Remote Psychology Conference, Australian Psychological Society*, Charles Hawker Conference Centre, Waite Campus, Urrbrae, Adelaide, Australia. (09/11) |
| *2011 Simpson, S.* ‘Schema Therapy for complex presentations and personality disorders’ *Australian Psychological Society Clinical College (APS CCLIN). 4-hour seminar*. Education Development Centre, Adelaide, SA (05/11) |
| *2011* Simpson, S. ‘Schema Therapy for Complex Eating Disorders’ and ‘Tele therapy for Eating Disorders in remote and rural Australia’.  *Body image and eating disorders: ‘Research and practice forums* *conference.* Queen Victoria Lecture Theatre, Women’s and Children’s Hospital, Adelaide, SA, Australia. (05/11) |
| *2009* Simpson, S. ‘CBT and beyond: Schema Therapy for Severe Eating Disorders’. *National Eating Disorders Conferenc, Scotland.*  Aberdeen Exhibition & Conference Centre, Aberdeen, UK (11/09)) |
| *2007* Simpson, S. ‘Eating Disorders in the student population: reducing barriers to treatment’**.** *European Science Foundation (ESF) Exploratory Workshop on Technology in Counselling and Psychotherapy. Invited participant*. Dublin, Ireland. (05/07) |
| *2006* Simpson, S. ‘Video Conferencing for Eating Disorders’. "Eating Disorders for Non Specialists" Conference. *National Eating Disorders Conference (Scotland),* Aberdeen Exhibition & Conference Centre, Aberdeen, UK. (11/06) |
| (Submitted) Graves, T. et al. “A Meta-Analysis of the Relation between Therapeutic Alliance and Treatment Outcome in Eating Disorders.” *2016 International Conference on Eating Disorders* in San Francisco (May 5th - 7th 2016). |

**Grants**

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| *2014-2015 Simpson, S et al.* University of SA Divisional Research Performance Fund grant. Individual Schema Therapy for Severe Anorexia Nervosa (iST-AN) Pilot Study. ($12,675) |
| *2015 Simpson, S.* Project Title: Ian Potter Foundation Travel Grant: Project ID: 82298. Conference Grant to bring one keynote speaker to 'Telemental Health: Research and Practice', Adelaide, SA, 20 February 2015. ($2,800) |
| *2013-2014 Simpson, S. et al.* University of SA Divisional Research Performance Fund grant. Treatment outcomes following short-term group schema therapy: A six-month follow-up study of clients with personality disorders ($6,758) |
| *2012 – 2013 Simpson, S. et al.* University of SA Divisional Research Performance Fund grant. The role of resilience and work-related beliefs in preventing burnout amongst clinical psychologists. ($7,320) |
| *2009-2010* Chief Scientists Office (CSO) Grant for Research on: ‘Evaluation of a  novel 3D laser scanning method as an adjunctive psychological treatment for eating disordered patients: a pilot study.’ (Dr A. Stewart (Robert Gordon University), Dr. S. Klein (Uni of Aberdeen), Dr. P. Benson (Uni of Aberdeen), Prof A. Lee (Uni of Aberdeen), Dr. S. Simpson, Dr. P. Crockett (NHS Grampian))  (£46,206) |
| *2008-2009* Murdoch University Grant: “Seeing is Believing”: A collaborative development and evaluation of telepsychology and multidisciplinary e-mental health services to adults, youth and children in rural and remote Western Australia (Dr. Corinne Reid, Dr. Susan Simpson, Dr. Suzanne Dziurawiec, Dr. Angela Ebert, Robyn Bett, Mandy Browne, Lisa Richardson.). (AUS$70,000) |
| *2002-2004 Simpson, S.* Scottish Telemedicine Action Forum (STAF) Grant for Research on: ‘The Provision of Specialist Psychological Therapies for Eating Disorders in Rural and Remote Communities’  (£50,000) |
| 1. *Simpson, S., Mitchell, D. et al.* ‘Remote and Rural Areas Resource Initiative’ (RARARI) grant for research on ‘Televisiting in Psychiatric Services: Providing Links between Inpatients from Rural and Remote Areas and their Relatives’. (£14,075) |
| *2001 Simpson, S.* Scottish Council for Postgraduate Medical and Dental Education. (SCPMDE) Educational Bursary (£3,125) |
| *2000 Simpson, S.* Rewards and Recognitions Fund for Clinical Innovation in providing a psychology service to Shetland. (£5,000) |